



*St Jude's*

Aged Care

*With us, it's possible!*

# Allied Health Services





**Established in 1982, St Jude's  
have over 40 years of  
experience in providing  
premium tailored care  
services.**

## About St Jude's Home Care Services

St Jude's are a leading provider of Aged Care and Disability services across Western Australia and Queensland. For over 40 years, we have been passionate about providing high-quality, affordable, and adaptable services to empower the people we support.

We understand that home is your most comfortable place and aim to maintain that by delivering exceptional person-centred services. Your unique preferences matter to us, and we collaborate closely with you to customise our services according to your specific needs.

Your contentment and independence are our priorities, and we encourage you to reach out to us today to explore the services tailored just for you.



## Our Allied Health Services

St Jude's is proud to offer a broad variety of quality Home Care and Residential Aged Care therapeutic services, each of which can help you to live more independently within your home or aged-care facility.

Our services are offered seven five days a week and include:



**Nursing**



**Occupational  
Therapy**



**Physiotherapy**



**Speech  
Pathology**

## Nursing

We have a dedicated team of Registered Nurses available to provide personalised care and support in the comfort of your home for those with a Home Care Package. Our nurses offer a range of services, including wound care, conducting continence assessments to recommend suitable aids and strategies, and providing medication management. In addition, they can conduct holistic nursing assessments to identify any unmet needs related to your health management.

## Physiotherapy

Our experienced practitioners take the time to understand you and the activities you enjoy. By getting to know you and identifying areas where you want to improve your engagement, they can prescribe and implement meaningful allied health plans tailored to your personal goals. This may include individual exercise programs to maintain mobility or pain management plans. Additionally, they can assist with obtaining appropriate mobility aids to enhance your mobility and reduce the risk of falls. For those requiring more frequent intervention, specific to Home Care Packages, a Therapy Assistant can help to implement these plans under the guidance and supervision of a Physiotherapist.

## Speech Pathology

Our team of Speech Pathologists works with older adults to overcome communication challenges by recommending and implementing alternative communication systems, such as communication devices and visuals. They also address difficulties with swallowing and the risk of choking or aspirating during mealtimes. Our Pathologists can assess the underlying causes of these issues and develop a comprehensive Mealtime Management Plan, which includes recommendations for food and liquid consistency and preparation, as well as other factors that can impact mealtimes, such as positioning and assistance from others. This service aims to maintain your independence and safety during meals and maximise your ability to communicate your needs with those around you for as long as possible.

## Occupational Therapy

The St Jude's occupational therapy team collaborates with you to develop and maintain the skills needed for daily activities, such as personal care, hobbies, and community participation, ensuring you continue to lead a meaningful life. By enhancing your abilities, we help you maintain independence for as long as possible, reducing the need for external support and addressing the challenges of ageing.

For Home Care services, our occupational therapists conduct comprehensive assessments to identify your support needs. We make recommendations for ongoing therapy, home modifications like ramps, rails, and bathroom adjustments, and assistive technology such as modified cutlery or dressing sticks to enhance safety and independence at home. Your Occupational Therapist will work with your Home Care Coordinator to obtain the recommended equipment and home modifications through your Home Care plan. Additionally, they can provide ongoing therapy, such as upper limb exercise programs, to maintain function and performance in daily activities.

Beyond Home Care services, our occupational therapists also assist in Residential Aged Care Facilities by assessing and acquiring appropriate equipment such as wheelchairs and pressure cushions. They contribute to individual and group activities, ensuring these activities are meaningful to you.

**We work together to set goals and  
implement strategies that will allow  
you to remain as independent as  
possible.**



## Contact Us

For more information or to start your journey,  
please contact our friendly team on:

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or via email to:

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