

Respite Care



With us, it's possible!

Caring for an older person at home can be fulfilling for both you and your loved one, however the demands of caregiving can be challenging at times. Aged care respite provides short-term care for your loved one in the hands of a specialist care team at a residential aged care home, giving you some time to rest and recharge.

What is respite care?

Aged care respite serves as a vital support system for caregivers, providing a safe and nurturing environment for older adults when their primary caregivers need a temporary reprieve. Respite can be arranged for a few days, or a longer stay if needed. A respite booking can be accommodated at short notice for emergencies, or through an advance booking.

At St Jude's, we have an assortment of flexible respite care options, allowing us to find a solution that best suits your schedule. We encourage social engagement and community activities to ensure the time your loved one spends with us is enjoyable. Quality of care is our focus, and with a team of fully trained professional carers and specialists, you can rest assured that they will be in safe hands. Your loved one will also have access to our well-equipped allied health team and other visiting clinical and health professionals if required.

How can I access respite care?

To access respite care at one of our homes, your loved one will need to be assessed by an Aged Care Assessment Team (ACAT). These free assessments are funded by the Australian Government and can be referred by your doctor or local hospital. Once you have received ACAT approval for residential respite, you will be granted up to 63 days of respite care per financial year. You are then able to contact the aged care home of your choice to arrange your respite stay.

Where can I arrange respite care?

Respite Care is available at all St Jude's residential aged care homes, including Guildford Village, Carinya of Bicton, Carinya on Bristol, and Midland Nursing Home in Western Australia, and at Bethania Gardens in Queensland.

To arrange your respite stay with us, simply contact the aged care home of your choosing directly for more information. If the home of your choice does not have a room available for you, our Facility Manager or Operations Manager will be able to assist you with finding a place at another suitable St Jude's aged care home.





What are the fees and costs for respite care?

The daily fee required for respite care is set by the Australian Government. The Facility Manager at your chosen residential aged care home is able to discuss these fees with you at any time.

About St Jude's

For over 40 years, St Jude's have provided high quality care to individuals seeking support in the community. With premium residential aged care homes located across both Western Australia and Queensland, we are a leading provider of aged care, along with home care and disability services.

Our aged care homes provide residential care, respite care and dementia specific support. At St Jude's, it is our core philosophy that we do not provide any services to our clients that is not of high enough standard for ourselves or our family. We strive to partner with our clients and their families, providing collaborative, inclusive care, and always putting your choices first.

For more information or to arrange Respite Care


Contact our friendly team at the Aged Care Home of your choice

Guildford Village
Carinya of Bicton

9279 7755
9438 5500

Carinya on Bristol
Midland Nursing Home

9438 5333
9274 3157

 (08) 9279 4343

 hello@stjudes.com.au

 stjudes.com.au

For more information about accessing respite care, visit the My Aged Care website at www.myagedcare.gov.au or call 1800 200 422.