

St Jude's

Aged Care

With us, it's possible!

Allied Health Services



**We work together to set goals and
implement strategies that will allow
you to remain as independent as
possible.**



About St Jude's Support at Home Services

St Jude's are a leading provider of Aged Care and Disability services across Western Australia and Queensland. For over 40 years, we have been passionate about providing high-quality, affordable, and adaptable services to empower the people we support.

We understand that home is your most comfortable place and aim to maintain that by delivering exceptional person-centred services. Your unique preferences matter to us, and we collaborate closely with you to customise our services according to your specific needs.

Your contentment and independence are our priorities, and we encourage you to reach out to us today to explore the services tailored just for you.



Our Allied Health Services

St Jude's is proud to offer a broad variety of quality Support at Home and Residential Aged Care therapeutic services, each of which can help you to live more independently within your home or aged-care facility. Our services are offered five days a week and include:



Speech
Pathology



Nursing



Physiotherapy



Occupational
Therapy

Speech Pathology

Our team of Speech Pathologists supports older adults in managing communication difficulties by recommending and implementing alternative communication systems, such as visual aids and communication devices. They also assess and treat swallowing difficulties, helping to reduce the risk of choking or aspiration during meals. Following a thorough assessment, our Speech Pathologists can identify the underlying causes and develop a tailored Mealtime Management Plan. This includes personalised recommendations for the texture and consistency of food and fluids, as well as safe preparation methods.

Nursing

Our dedicated team of registered nurses provides compassionate, professional care in the comfort of your home. They can assist with a range of clinical needs, including wound care, continence assessments, and medication management. In addition, our nurses conduct comprehensive health assessments to identify any unmet needs and support your overall health and wellbeing.

Physiotherapy

Our experienced physiotherapists take the time to get to know you and the activities that matter most in your daily life. Your therapy goals will be personalised to your needs, with a focus on reducing pain and maintaining or improving mobility. We can prescribe individualised exercise programs and recommend assistive technology to support your progress. To help you stay on track, our therapy assistants are also available to support the delivery of your tailored plan.

Occupational Therapy

At St Jude's, our Occupational Therapy team is here to help you build and maintain the skills you need for everyday life, whether it's personal care, hobbies, work, or community participation. For those receiving Support at Home, our occupational therapists provide comprehensive assessments to understand your unique needs. Based on these assessments, we offer tailored recommendations for ongoing therapy, assistive technology, and home modifications to help you live safely and independently.

Restorative Care Pathway

The Restorative Care Pathway is designed to help you regain confidence with everyday tasks, supporting your independence and ability to live comfortably at home.

This short-term program provides around \$6,000 in support over 16 weeks, delivered by our dedicated team of Allied Health professionals who will tailor the plan around your personal goals.

For more information, please reach out to our friendly team.

Assistive Technology & Home Modifications

The Assistive Technology and Home Modifications (AT-HM) scheme provides extra funding for equipment and home changes that support safer, more independent living. This includes assistive technology like wheelchairs or shower chairs, and home modifications such as grab rails, ramps, or bathroom upgrades. It's separate from your regular Support at Home budget, so you don't have to use existing funds for these one-off or long-term needs.

To access this funding, you must:

- Have an aged care assessment through the My Aged Care system, and
- Be formally approved for the AT-HM scheme based on your individual needs.

Once approved, the equipment or modifications you can access will depend on your care goals and health needs. The scheme helps reduce risk, promote independence, and support comfortable living at home.



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Contact Us

For more information or to start your journey,
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