

With us, it's possible!

# Support at Home

**In-Home Aged Care Services** 



## About St Jude's Support at Home

St Jude's is a leading provider of Aged Care services across Western Australia and Queensland. For over 40 years, we have been passionate about providing high-quality, affordable, and adaptable services to empower the people we support.

We understand that home is your most comfortable place and aim to maintain that by delivering exceptional care. Your unique preferences matter to us, and we collaborate closely with you to customise our services according to your specific needs.

If you're considering in-home support to maintain your independence, our compassionate and knowledgeable team is here to guide you.

Your contentment and independence are our priorities, and we encourage you to reach out to us today to explore the services tailored just for you.



## Our Support at Home Services

At St Jude's, we strive to provide you with the highest level of care and support that you need to continue staying at your most comfortable place - your home.

We offer a range of excellent aged care home support services which include:\*



#### Clinical Supports

A comprehensive range of clinical and therapeutic supports designed to help you maintain or regain your functional and cognitive abilities.



#### Independence Supports

Tailored independence support services to help you manage activities of daily living and empower you to live independently.



# Everyday Living Support to assis

Support to assist older individuals to keep their home in a liveable state to enable them to stay independent for longer.

## **Everyday Living Checklist**

- General house cleaning
- Laundry services
- Shopping assistance
- Gardening
- Assistance with home maintenance and repairs
- Expenses for home maintenance and repairs
- Meal preparation

<sup>\*</sup>Where required, services from third parties may be provided.

## **Clinical Supports Checklist**

- Registered nurse
- Enrolled nurse
- Nursing assistant
- Nursing care consumables
- Allied Health assistance
- Counselling or Psychotherapy
- ODiet or Nutrition
- Exercise Physiology
- Music Therapy
- Occupational Therapy
- Physiotherapy
- Podiatry
- Psychology
- Social Work
- Speech Pathology
- OPrescribed oral or eternal nutrition
- Home support care management
- Home support restorative care management



## Independence Supports Checklist Assistance with self-care & activities of daily living Assistance with the self-administration of medication Continence management (non-clinical) Individual social support ) Accompanied activities Cultural support Digital education and support Assistance to maintain personal affairs Expenses to maintain personal affairs ) Acupuncture Chiropractic Diversional therapy Remedial massage Art therapy Osteopathy Direct transport (driver and care provided) Indirect transport (taxi or rideshare service vouchers) Community and centre-based respite Flexible respite Assistive technology Home modifications

## What is Support at Home?

Support at Home provides you with a wide range of support services that help you, or the person you care for, to continue living at home.





Established in 1982, St Jude's have over 40 years of experience in providing premium tailored care services.

#### Contact Us

For more information or to start your journey, please contact our friendly team on:

(08) 9279 4343 or via email to: hello@stjudes.com.au

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